



Elementary Athletics
Parent/Student Handbook

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To Parents and Student Athletes:

I am very excited to welcome you to our Campbell Hall Elementary athletic program. This material is presented to you because your child has indicated a desire to participate in athletics. Our success is primarily due to the large number of athletic participants in the student body.

Athletics play an important part in Campbell Hall life. Students learn a great deal from participation in interscholastic athletics. Lessons in sportsmanship, teamwork, competition and how to win and lose gracefully are integral parts of our athletic program. Athletic competition helps students develop pride in their school while developing healthy self-concepts as well as healthy bodies.

It is the role of the athletic department to make rules that govern the spirit of competition for the school. These rules need a broad base of community support, which is achieved only through communication with the parent. We hope to accomplish this objective through this handbook for students and parents.

Being a member of the Campbell Hall athletic program is an honor and a privilege. Involvement carries certain responsibilities on and off the field, court, and campus. A great tradition has been established by the hard work of the many participants who have proudly worn the Blue and Gold. You are a valued member of the Campbell Hall family and will be consistently challenged to uphold this extraordinary tradition of excellence.

We ask that you read this handbook thoroughly with your student athlete(s), and sign and return the acknowledgement which is located at the end of this handbook.

I look forward to seeing each and every one on the field/court cheering on our Vikings!

Best,

Juan Velazquez
Director of Athletics
Campbell Hall



Elementary Athletics

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Athletic Mission Statement

Our mission is to create an encouraging athletic environment for our student athletes through accountability, collaboration, integrity, and sportsmanship while staying committed to academic excellence.

Athletic Philosophy

The Campbell Hall Athletic Department nurtures and encourages an atmosphere that inspires a lifelong appreciation of competition, exercise, discipline, teamwork, sportsmanship, and the pursuit of victory with honor. Building strong relationships based on trust and mutual respect will be the foundation for our successes on and off the field/court. These strong bonds and important characteristics will serve to unify us when facing challenges and provide opportunities to build character from life lessons.

Message from the Director of Athletics

Educationally we focus on being prepared and doing our very best. The same goes for athletic competition. I suggest that each Campbell Hall Viking strive to give his/her very best in the pursuit of victory. However, if our best is not good enough that day or night, be proud of your efforts and move on to the next competition. Campbell Hall expects us to capture victory with honor and recognize defeat with class. Go Vikings!

Elementary Athletics – Creed

As a Campbell Hall School athlete, I recognize that I represent Campbell Hall. I acknowledge the honor, publicity, and awards I have the opportunity to earn. I accept the responsibility and specific rules that go hand-in-hand with athletic participation.

I fully understand that I represent my school, my community, and myself at ALL TIMES. I pledge to present a positive image of all before, during, and after competition. To violate this creed is to forfeit the privilege of athletic participation.

The Campbell Hall Way

As a student athlete, you are responsible to your parents and to our community. When you know in your heart you have lived by all the rules, practiced to the best of your ability, and played hard every game with intensity and integrity, you will maintain your self-respect and have grown to be a true VIKING!

As a member of an athletic team, you assume a role of leadership and are on center stage. Everyone, including our opponents, will judge our school based on your conduct and attitude. Judgments will also be made by the intensity with which our teams compete. You have the opportunity to contribute in a very positive way to our school spirit, community pride, and league wide recognition. It is our goal that our school be recognized and respected for excellence in every aspect of our programs.

Do not forget the younger students in our community are watching you. The impact you have on their lives is colossal. You are a ROLE MODEL. Always set examples for them that are positive and which will help them to develop positive and productive lifestyles.

Sports Offered

Fall Season	Winter Season	Spring Season
Boys' Flag Football	Boys' Basketball	Boys' Soccer or Baseball
Girls' Basketball	Girls' Soccer	Girls' Volleyball

Tryouts

Campbell Hall Elementary sport program is based on participation. There will be a try-out period to determine student's level of play. Students will be placed on an Blue, Gold, or White team for that season of sport to compete in the SFVPSL (San Fernando Valley Private School League, Coastal Division). Students will get as much equal playing time as possible in an athletic event with the coach determining who will play in the last minutes of a close contest.

Team Placement

4th Grade

Blue Team – The student should understand the rules and strategy of the game. The student should have an advanced set of skills for the game, such as, can catch 8-10 football passes or can make 4-6 free throws out of 10 attempts.

Gold Team – This team member should have an intermediate knowledge of the rules and strategy of the game. This athlete should have an intermediate skill set, such as, completing passes on target 50% of the time or sometimes able to serve over the net.

White Team – This team is for the beginning athlete just learning the concepts and skills of the game.

5th Grade

Blue Team – This team member has an advanced skill set building off of their 4th grade experience. For example: they should be able to bump and pass to team mates 70% of the time. Should be able to dribble using both hands with head up.

Gold Team – This athlete should have knowledge of the rules but is still developing strategy and skills. For example: they can dribble well with dominant foot but still working on non-dominant foot or has the ability to pull flags 5 out of 10 times.

White Team – This athlete is still working toward a better understanding of rules and strategies, while improving on basic skills.

6th Grade

Blue Team – The blue 6th grade team member has an advanced skill set improved upon by extra work outside the CH practice. This athlete is putting in more practice time into their sport and it shows.

Gold Team - This team member has the knowledge they need but are working on consistency in their skill set.

White Team – The white team member could be a first timer, or a return player with intermediate skills.

Expectations for Athletes and Coaches

What Athletes Can Expect From Coaches:

- To be led by example
- To always place emotional and physical wellbeing ahead of personal desire to win
- To be treated fairly and receive encouragement regardless of the athlete's level of ability
- To recognize the contribution each athlete has made to the team
- To never give up on the players or the team
- To teach the athletes self-discipline and to develop mental toughness
- To demonstrate enthusiasm, communicate clearly, and motivate positively
- To provide fair, firm, and consistent discipline that works toward team goals

What Coaches Can Expect From Athletes:

- Be respectful at all times
- Always be a team player...remain loyal to teammates, coaches, and school
- Be in the best possible condition physically and mentally
- Never complain to others until a concern has been discussed with the coach
- Keep emotions under control without losing enthusiasm
- Never give negative criticism or blame teammates
- Adhere to all school and team rules
- Never react to officials' rulings or calls
- Make a commitment to win and lose with honor and integrity

Multiple Sport Encouragement

Campbell Hall Elementary encourages the broad participation of each student in a variety of sports. Involvement in multiple sports throughout the school year supports the mission of developing students with wide constructive interests.

Game Guidelines

- All parents, students, and fans **MUST** remain in the stands or behind designated areas. Designated areas can be identified by barricades, ropes, or banners. Parents should not be in team areas at any time during practice or games except when asked by team officials, a coach, athletic trainer, or student manager.
- Athletes must wear the issued uniform for all games.
- Athletes must follow team rules and guidelines established by the head coach.
- Campbell Hall will not tolerate profanity, inappropriate behavior, or poor sportsmanship from players, fans or coaches. Players are subject to suspension from the game or team.
- Early dismissal and missed school days for competition:
 - A. There are some occasions when teams will have an early dismissal in order to travel to a game on time or miss school due to competition. Student athletes must make arrangements with teachers for all academic issues and are responsible for handing in, on time, all assignments due on days they are excused from class to attend athletic contests.
 - B. **PRIOR** to leaving for a sports-related trip, the student athlete must make arrangements with his/her teacher(s) for all academic issues.
 - C. Changing during lunch recess is allowed for elementary athletes.

Game Day Attire

The official game day in school attire for Monday – Friday is:

- School uniform

Practice Guidelines

- Elementary sports program practices are during school in their P.E. class and are about 40 minutes per day.
- Students are not allowed access to any facilities without proper supervision. Practices may not begin without a coach present.
- Cleats are not allowed in the gym, sports court, or athletic training facility. Muddy shoes are to be removed before entering any building. Only appropriate shoes are to be used on gym floor.
- No unsupervised playing in the gym or sports court at ANY time. All athletes must abide by posted rules.

Campbell Hall Student Athlete Participation Requirements

A student is **ineligible** to participate until the following requirements have been completed:

- A physical exam or doctor's release must be on file in the athletic or nurse's office.
- All academic eligibility requirements are satisfied.
- The medical and authorization release forms must be on file in the athletic office.
- A signed handbook sheet is on file with the athletics' secretary.

ATHLETIC DEPARTMENT MEDICAL POLICIES AND PROCEDURES

Injury Procedures

- Athletes must report all injuries to their coach and the Athletic Trainer as soon as possible. The Athletic Trainer will determine if participation is appropriate. Athletes should not simply decide not to go to practice because they are hurt.
- Any athlete unable to complete a practice due to injury will be required to obtain clearance from the Athletic Trainer or a physician to return to practice or games.
- An injured athlete is still considered a part of the team and expected to be present at games and practices, unless released by the coach.
- Athletes should check their equipment daily for proper fit and report any issues to coaches

Campbell Hall Parental Support and Conduct

- Take an interest in your student athlete's athletic experience by taking an interest in the experience of the whole team.
- Model good sportsmanship for your student athlete by respecting opponents and officials. Cheer for CH's teams and not against the opponents.
- Let your student athlete know that, win or lose, he/she is loved and his/her efforts are appreciated.
- Respect the coach. Do not coach from the stands. Do not raise concerns with the coach immediately before or after a contest. (This is not a time when issues can be resolved.)

Parent Communication Process

- A. The athlete should meet with her/his coach first.
- B. Next, the parent should talk to their child's coach. However, never meet with the coach immediately before or after a contest. Please contact the coach at least 24 hours after by phone or email to arrange an appropriate meeting Director of Athletics. Please contact the Athletic Secretary to arrange a meeting time.
- C. If your issues are still unresolved, contact the Elementary office to meet with the Principal.

Team Parent Responsibilities

The team parent will be the main line of communication between the coach and the other parents of team members. Team Parents will be contacted about game changes, as well as other pertinent information; they in turn will pass on these communications to the rest of the parents. The team parent will also be responsible for organizing the team snacks.

Sportsmanship

Fans, both students and adults, are an important and integral part of every athletic contest. They serve to authenticate the positive values learned through athletics and to support the personal efforts and successes of individual players. Occasionally, fan behavior can harm an athletic event. The following is to provide clarity about inappropriate behavior. In order to reduce potential conflict among groups at athletic events, it is appropriate to sit on the home side or the Vikings-designated seating area. At all Campbell Hall athletic events, it is inappropriate to engage in:

- Taunting
- Verbal abuse of officials, coaches, players, or opposing fans
- Any obscene gestures
- Throwing objects
- Signs or posters that degrade teams, officials, or players
- Vandalism
- Violence
- Consumption of drugs or alcohol

Transportation Rules

Campbell Hall will provide all transportation to and from most athletic contests. If for some reason a student needs to leave with his/her parent, a coach must be notified prior to leaving. Students may only leave with **their** parent.



2018-2019 Parent/Student Athletics Handbook Acknowledgement
Form

I _____ have read and understand the rules and guidelines of the Campbell Hall Student Athlete handbook. This handbook will serve as my guide during my athletic career at Campbell Hall. I will follow the rules of the handbook and SFVPSL. I will do my best at all times, represent my school with integrity and pursue victory with honor.

*Student Signature _____

I agree additionally as a parent/guardian to support my student's compliance with the rules, policies, and procedures contained in this handbook.

* Parent Signature _____

* Parent Signature _____

GO VIKINGS!



The Campbell Hall Fight Song

Fight, fight, fight for victory!
Take it for the blue and gold!
Step right down from history,
Vikings ever brave and bold!

Rah! Rah! Rah!

Onward, onward, take the foe!
Raise the banner over, over all!
Vikings glorious, on victorious,
victory for Campbell Hall!

Fight!