



High School Athletics
Parent/Student Handbook

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To Parents and Student Athletes:

I am very excited to welcome you to our Campbell Hall High School athletic program. This material is presented to you because your child has indicated a desire to participate in athletics. Our success on the field/floor is primarily due to the large number of athletic participants in the student body.

Athletics plays an important part in Campbell Hall life. Students learn a great deal from participation in interscholastic athletics. Lessons in sportsmanship, teamwork, competition and how to win and lose gracefully are integral parts of our athletic program. Athletic competition helps students develop pride in their school while developing healthy self-concepts as well as healthy bodies.

It is the role of the athletic department to make rules that govern the spirit of competition for the school. These rules need a broad base of community support, which is achieved only through communication with the parent. We hope to accomplish this objective through this handbook for students and parents.

Being a member of the Campbell Hall athletic program is an honor and a privilege. Involvement carries certain responsibilities on and off the field, court, and campus. A great tradition has been established by the hard work of the many participants who have proudly worn the Blue and Gold. You are a valued member of the Campbell Hall family and will be consistently challenged to uphold this extraordinary tradition of excellence.

We ask that you read this handbook thoroughly with your student athlete(s), and sign and return both the acknowledgement page and the CIF Code of Ethics, which are located at the end of this handbook.

I look forward to seeing each and every one on the field/court cheering on our Vikings!

Best,

Juan Velazquez
Director of Athletics
Campbell Hall



High School Athletics

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Athletic Mission Statement

Our mission is to create an encouraging athletic environment for our student athletes through accountability, collaboration, integrity, and sportsmanship while staying committed to academic excellence.

Athletic Philosophy

The Campbell Hall Athletic Department nurtures and encourages an atmosphere that inspires a lifelong appreciation of competition, exercise, discipline, teamwork, sportsmanship, and the pursuit of victory with honor. Building strong relationships based on trust and mutual respect will be the foundation for our successes on and off the field/court. These strong bonds and important characteristics will serve to unify us when facing challenges and provide opportunities to build character from life lessons.

Message from the Director of Athletics

Educationally we focus on being prepared and doing our very best. The same goes for athletic competition. I suggest that each Campbell Hall Viking strive to give his/her very best in the pursuit of victory. However, if our best is not good enough that day or night, be proud of your efforts and move on to the next competition. Campbell Hall expects us to capture victory with honor and recognize defeat with class. Go Vikings!

High School Athletics – Creed

As a Campbell Hall School athlete, I recognize that I represent Campbell Hall. I acknowledge the honor, publicity, and awards I have the opportunity to earn. I accept the responsibility and specific rules that go hand-in-hand with athletic participation.

I fully understand that I represent my school, my community, and myself at ALL TIMES. I pledge to present a positive image of all before, during, and after competition. To violate this creed is to forfeit the privilege of athletic participation.

The Campbell Hall Way

As a student athlete, you are responsible to your parents and the youth of our community. When you know in your heart you have lived by all the rules, practiced to the best of your ability, and played hard every game with intensity and integrity, you will maintain your self-respect and have grown to be a true VIKING!

As a member of an athletic team, you assume a role of leadership and are on center stage. Everyone, including our opponents, will judge our school based on your conduct and attitude. Judgments will also be made by the intensity with which our teams compete. You have the opportunity to contribute in a very positive way to our school spirit, community pride, and statewide recognition. It is our goal that our school be recognized and respected for excellence in every aspect of our programs.

Do not forget the younger students in our community are watching you. The impact you have on their lives is colossal. You are a ROLE MODEL. Always set examples for them that are positive and which will help them to develop positive and productive lifestyles.

Sports Offered

Fall Season	Winter Season	Spring Season
Cheer	Boys' Basketball	Boys' Baseball
Cross Country	Boys' Soccer	Boys' Tennis
Equestrian (year round)	Cheer	Boys' Volleyball
Football	Girls' Basketball	Girls' Softball
Girls' Tennis	Girls' Soccer	Golf
Girls' Volleyball		Track & Field
		Swimming

Tryouts

The best athletes, at the coach's discretion, will be picked to play the sport. Unfortunately, this may mean coaches will need to make cuts in order to put the best teams on the field or court.

Team Level Philosophies

Varsity

- Form the most competitive teams through a system of “trying-out” determined by each head coach.
- The best athlete, at the coach’s discretion, plays as much as necessary to win the game.
- Wins are important in varsity athletics but do not determine the success of a season. Team unity, strong work ethic, and sense of pride that develops over the course of a season are all factors in determining the success at the varsity level.

Junior Varsity

- Prepare athletes, through an appropriate level of competition, for participation in the varsity program.
- Allow the playing time in practice and games over the course of the season to foster maturity in athletes. Junior Varsity student athletes who are on the active roster will have playing time appropriate to skill level.
- Emphasize the development of fundamental skills, game strategies, and team unity.
- Realize success is not measured in terms of wins and losses but on personal growth and skill development.

Expectations for Athletes and Coaches

What Athletes Can Expect From Coaches:

- To be led by example
- To always place emotional and physical wellbeing ahead of personal desire to win
- To be treated fairly and receive encouragement regardless of the athlete's level of ability
- To recognize the contribution each athlete has made to the team
- To never give up on the players or the team
- To teach the athletes self-discipline and to develop mental toughness
- To demonstrate enthusiasm, communicate clearly, and motivate positively
- To provide fair, firm, and consistent discipline that works toward team goals

What Coaches Can Expect From Athletes:

- Be respectful at all times
- Always be a team player...remain loyal to teammates, coaches, and school
- Be in the best possible condition physically and mentally
- Never complain to others until a concern has been discussed with the coach
- Keep emotions under control without losing enthusiasm
- Never give negative criticism or blame teammates
- Adhere to all school and team rules
- Never react to officials' rulings or calls
- Make a commitment to win and lose with honor and integrity

Student Athlete Department Policies

- Student athletes who **quit** a sport or whose parents remove them from that sport before the season is over may be asked to sit out their next season of sport. They will not be able to return to that specific sport and will not receive athletic participation credit.
- If injured, you are still required to attend practice. No practice. No Play.
- Physical Education semester credit is given to student athletes who complete the entire season of sport and attend 75% of practices. Student athletes cannot make up practices they missed due to non-illness.
- Game times may vary due to a variety of circumstances such as overtime, game official arrivals, and weather. Please expect delays on occasion.
- For some teams there is an athletic commitment during summer. Each team's summer schedule is left up to the coach's discretion.
- Playing time is at the discretion of the coaching staff.
- Each athlete is responsible for uniforms or equipment issued to him/her. If the athlete fails to return any items, he/she must pay a \$150 - \$300 replacement cost. Failure to do so will result in the athlete not being allowed to participate in another sport until the lost equipment is returned or until the replacement cost has been paid to the equipment manager.
- Any athlete ejected from a contest will miss at least the next game in that sport. Campbell Hall may enforce stricter penalties as well. After the suspension from play, the student may only return after certification by the school principal that the student(s) has completed a conference with a school administrator.
- All music played in public spaces should be appropriate in content and language. Team mixes must be approved by the Coach and/or Athletic Director prior to use.
- There will be ZERO tolerance of any inappropriate use of social media outlets. Players will remember they represent Campbell Hall at all times as a current member of their team even through social media outlets.
- Any athlete who is in possession of or uses: alcohol, drugs, tobacco, or performance enhancing products in or out of season, during or after school hours, may result in the removal of the student from future athletic contests. The student will also be accountable to all standard school policies and their disciplinary responses.
- Student athletes are not allowed in the coaches' office during school hours. Please respect the personal space of a coach as you do a teacher. A coach's child may enter alone only when necessary. Students caught in the coaches' office uninvited, during school hours, will serve clean-up duty after athletic contests.
- **All athletes will be held accountable for learning all team and athletic department rules.**

Holidays & School Breaks

ALL in-season programs have a commitment during holidays and school breaks. All team rules apply during this time. Student athletes are expected to be at scheduled practices and contests during these school breaks.

Competition On An Outside Team

A student on a high school team becomes ineligible if the student competes in a contest on an “outside” team in the same sport during the student’s high school season of sport.

Multiple Sport Encouragement

Campbell Hall High School encourages the broad participation of each student in a variety of sports. Involvement in multiple sports throughout the school year supports the mission of developing students with wide constructive interests.

Spirit Pack/Team Gear

A basic spirit pack/team gear will consist of team polo, team sweatshirt, and team t-shirt. Sport-specific gear will also be added to the spirit pack (for example hat for baseball or visor for softball). Cost for student athlete to participate (Spirit Pack/Shoes/Warm-ups/Team Meals) in one season of athletics cannot exceed \$150.

Tournaments (Entry fees, travel, lodging)

Tournament travel cost for a student athlete to participate in one season of varsity athletics will not exceed \$125. A team travel itinerary and tournament schedule will be distributed by the head coach one week prior to departure. Two team meals will be provided per day. Student-athletes must be prepared to bring additional cash for travel tournaments. Athletes and coaches must display impeccable professionalism, excellent behavior, and sportsmanship while on travel tournaments to ensure appropriate representation of Campbell Hall.

Game Guidelines

- All parents, students, and fans **MUST** remain in the stands or behind designated areas. Designated areas can be identified by barricades, ropes, or banners. Parents should not be in team areas at any time during practice or games except when asked by team officials, such as a coach, athletic trainer, or student manager.
- Athletes must wear the issued uniform for all games.

- Athletes must follow team rules and guidelines established by the head coach.
- Campbell Hall will not tolerate profanity, inappropriate behavior, or poor sportsmanship from players, fans or coaches. Players are subject to suspension from the game or team.
- Early dismissal and missed school days for competition:
 - A. There are some occasions when teams will have an early dismissal in order to travel to a game on time or miss school due to competition. Student athletes must make arrangements with teachers for all academic issues and are responsible for handing in, on time, all assignments due on days they are excused from class to attend athletic contests.
 - B. **PRIOR** to leaving for a sports-related trip, the student athlete must make arrangements with his/her teacher(s) for all academic issues.
 - C. Athletes are to change into uniforms at early dismissal time or at the opposing site. **NO CHANGING DURING LUNCH OR CLASS TIME.**

Game Day Attire

The official game day in school attire for Monday – Thursday is a choice of the following:

- School uniform
- Team polo with school uniform bottom
- White collared shirt and tie

Practice Guidelines

- High school practices will typically run from 4pm-6:30pm Monday-Saturday and will not exceed three hours each day. Some teams may practice before school or after the hours stated due to limited space or availability with specific facilities. This information will be communicated to the parents by the coach.
- Student athletes must be present and on time at all practices or games unless excused by the coach. Unexcused absences will result in immediate disciplinary action. Such action could include not starting, limited or no playing time, and/or being excused from the team. Any unavoidable absences should be communicated to the coach as soon as possible.
- Students are responsible for maintaining the cleanliness and overall upkeep of their locker room facilities. Students should change for practices in their assigned locker rooms facilities, not the practice site or the parking lot.

- Students are not allowed access to any facilities without proper supervision. Practices may not begin without a coach present.
- Storage areas are to be secured at all times. Neither students nor anyone other than coaches will have access without proper supervision. The same restrictions apply to the athletic office.
- Cleats are not allowed in the gym, weight room, or athletic training facility. Muddy shoes are to be removed before entering any building. Only appropriate shoes are to be used on gym floor.
- No loitering is allowed in designated practice areas during practice times.
- No unsupervised playing in the gym or use of weight room at ANY time. All athletes must abide by posted rules.

Campbell Hall Student Athlete Participation Requirements

A student is **ineligible** to participate until the following requirements have been completed:

- A physical exam or doctor's release must be on file in the athletic or nurse's office.
- All academic eligibility requirements are satisfied.
- The medical and authorization release forms must be on file in the athletic office.
- Students must attend two classes (excluding free periods) on a given school day in order to be eligible to participate in any athletic practices, competition, matches, or games on that day.
- A signed handbook sheet is on file with the athletics' secretary.
- A signed CIF code of ethics sheet is on file with the athletics' secretary

Athletic Eligibility (Probation, Ineligibility)

Athletic eligibility is determined by the following:

- Extracurricular athletics eligibility for Trimester 1 is dependent upon the grades given for credit at the end of the previous high school year: the year-end grades and the Semester 2 grades. Eligibility for Trimester 2 is dependent upon the Trimester 1 grades from the current school year. Eligibility for Trimester 3 is dependent upon the Trimester 2 and the Semester 1 grades from the current school year.
- A student who achieves a 2.0 GPA with no F's is eligible for extracurricular athletics the following trimester.
- A student who has one F and/or a GPA below 2.0 will be on extracurricular athletic probation for the following trimester.

- A student who has an Incomplete as a trimester, semester, or year-end grade is immediately ineligible to participate in extracurricular athletics until the Incomplete has been made up and his/her GPA has been recalculated to determine eligibility.
- If a student on probation does not achieve a 2.0 GPA with no F's at the end of the probationary trimester, he/she will lose eligibility for the following trimester.
- If any student has two or more total F's in the grades used to determine eligibility for a particular trimester, there will be no probation period; he/she is immediately ineligible for the next trimester.
- A student who has lost eligibility must attain a 2.0 GPA and have no F's in the next grading period in order to regain eligibility.
- Eligibility cannot be regained by grades earned during summer school.
- Only eligible students may practice, compete against another school, "dress out," travel with the team or group to competitions.

ATHLETIC DEPARTMENT MEDICAL POLICIES AND PROCEDURES

Injury Procedures

- Athletes must report all injuries to their coach and the Athletic Trainer as soon as possible. The Athletic Trainer will determine if participation is appropriate. Athletes should not simply decide not to go to practice because they are hurt.
- Any athlete unable to complete a practice due to injury will be required to obtain clearance from the Athletic Trainer or a physician to return to practice or games.
- An injured athlete is still considered a part of the team and expected to be present at games and practices, unless released by the coach.
- Athletes are expected to be at practice on time regardless of their need to see the Athletic Trainer. Athletes should plan ahead and report to the athletic training room during lunch and/or afternoon free blocks. If an athlete requires extensive treatment, both the coach and trainer will communicate regarding why the athlete was late and any practice restrictions.
- Athletes should check their equipment daily for proper fit and report any issues to coaches.

Athletic Training Room Policy

The athletic training room is a medical facility and should be treated as such. All athletes are expected to observe the policies and procedures of the athletic training room. At no time should any athletic equipment or bags be left in the training room. Each student athlete who enters the athletic training room must sign in on an iPad before receiving any treatment regardless of how minor or serious. No athlete is permitted in the athletic training room unless accompanied by a Certified Athletic Trainer.

Head Injury Policy

An estimated ten percent of all national athletes participating in contact sports suffer a head injury each season. A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion, and most sports concussions occur without loss of consciousness. The effects of these concussions vary among individuals, and many mild concussions are undiagnosed and unreported. Most athletes recover from concussions completely and can resume regular activity following an appropriate amount of time to recover, an absence of symptoms, and regaining baseline cognitive function.

California recently passed a law, A.B. 25, which summarizes that school officials are required to ***immediately remove from a school-sponsored athletic activity an athlete who is suspected of sustaining a concussion or head injury during that activity and prohibit the return of the pupil to that activity until he or she is evaluated by, and receives written clearance from, a licensed health care provider.*** Campbell Hall is committed to deploying the best tools and equipment to prevent, assess, and treat head injuries.

The Campbell Hall Athletic Training Program utilizes ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) as a tool in an attempt to evaluate the extent of symptoms and cognitive function. ImPACT is a sophisticated, research-based software tool developed to help athletic trainers evaluate recovery following concussion. This program is an objective computerized assessment that is currently used by the NFL, NHL, NASCAR, professional boxing, and many high schools and colleges. This 30-minute computer evaluation indicates each student’s neurocognitive status (i.e., memory, processing speed, reaction time, and other related functions) prior to and following concussion.

We would like to emphasize that ImPACT is regarded as one of the tools of assessment in concussion management; however, the results of a post-concussion test are not the only determining factor for return to play. High School and Junior High athletes participating in an extracurricular Campbell Hall sport are required to take the ImPACT assessment for a pre-injury baseline evaluation.

Campbell Hall Parental Support and Conduct

- Attend preseason parents and coaches meetings before each season.
- Schedule your student athlete's appointments so they do not conflict with team practices and competitions. If you provide transportation for your student athlete, make sure he/she arrives on time for practices and competitions and has the equipment he/she needs for the sport.
- Take an interest in your student athlete's athletic experience by taking an interest in the experience of the whole team.
- Model good sportsmanship for your student athlete by respecting opponents and officials. Cheer for CH's teams and not against the opponents.
- Let your student athlete know that, win or lose, he/she is loved and his/her efforts are appreciated.
- Respect the coach. Do not coach from the stands. Do not raise concerns with the coach immediately before or after a contest. (This is not a time when issues can be resolved.)

Parent Communication Process

- A. The athlete should meet with her/his coach first.
- B. Next, the parent should talk to their child's coach. However, never meet with the coach immediately before or after a contest. Please contact the coach at least 24 hours after by phone or email to arrange an appropriate meeting time.
- C. If your issues are not resolved, you may contact the Athletic Director. Please contact the Athletic Secretary to arrange a meeting time.
- D. If your issues are still unresolved, contact the high school office to meet with the Principal.

Team Parent Responsibilities

The team parent will be the main line of communication between the coach and the other parents of team members. Team Parents will be contacted about practice and game changes, as well as other pertinent information; they in turn will pass on these communications to the rest of the parents. The team parent will also be responsible for organizing the team party and occasional snacks.

Sportsmanship

Fans, both students and adults, are an important and integral part of every athletic contest. They serve to authenticate the positive values learned through athletics and to support the personal efforts and successes of individual players. Occasionally, fan behavior can harm an athletic event. The following is to provide clarity about inappropriate behavior. In order to reduce potential conflict

among groups at athletic events, it is appropriate to sit on the home side or the Vikings-designated seating area. At all Campbell Hall athletic events, it is inappropriate to engage in:

- Taunting
- Verbal abuse of officials, coaches, players, or opposing fans
- Any obscene gestures
- Throwing objects
- Signs or posters that degrade teams, officials, or players
- Vandalism
- Violence
- Consumption of drugs or alcohol

Noisemakers

No noisemakers (horns, bells, victory bells, sirens, chimes, musical instruments other than those in the band, etc.) will be permitted inside the gymnasium, stadium, or playing fields at any CIF Southern Section contest (non-league, league, tournament, or playoff). Cheering devices such as wooden blocks, or other similar objects, are prohibited. Megaphones shall be used only by uniformed cheerleaders for the purpose of directing and controlling rooting sections. The improper use of any of the above-listed devices by supporters of a team would subject that team to possible forfeiture of the contest.

Transportation Rules

Campbell Hall will provide all transportation to and from most athletic contests. If for some reason a student needs to leave with his/her parent, a coach must be notified prior to leaving. Students may only leave with **their** parent.

Conference and League Placement

Campbell Hall is a member of the Gold Coast Athletic Conference (GCAC). The conference is made up of seven schools similar in mission and size. These seven schools are Campbell Hall, Viewpoint, Crossroads, Paraclete, Sierra Canyon, Windward, and Brentwood. All seven schools compete in league for the top three or four spots, these top teams get an automatic berth into CIF-SS playoffs, with the exception of Football.

CIF-SS-Placement

CIF division placement is evaluated yearly. Each team at Campbell Hall could be placed in different divisions, for example, Girls' Tennis is in Division 1, Football is in Division 12, and Softball is in Division 6. According to the CIF Blue Book here are how the playoff divisions are decided for each team.

Individual schools will be evaluated and placed into divisions on a yearly basis for each sport utilizing a formula which includes the following factors: regular season record, strength of schedule and Southern Section playoff performance over a two year period. The formula will be applied to each school resulting in the creation of competitive equity power rankings for individual schools, using that school's competitive performance as the only criteria for establishing playoff divisions.

Once individual school power rankings for each sport are completed, after the conclusion of each sport season, playoff divisions will be created. Playoff divisions will be published in the Sport Preview for each sport, along with an explanation of the formula utilized in creating playoff divisions for that sport.

CIF playoff dates can run long past our own season calendar. Below you will find estimated playoff dates:

Fall season	starting in late October and running through late November
Winter Season	starting in early February and running through early March
Spring Season	starting in early May and run through the end of the month

Letterman Jacket

A student is eligible to order a letterman jacket upon completion of a varsity sport. No minimum grade level is required. For example: a freshman who successfully completes a year of any varsity sport is eligible to purchase a letterman jacket. The letterman jacket orders are usually placed three times per year. C and L Jackets will visit our campus twice during first semester and once during second semester. The cost is approximately \$250.00 and up depending on how you design your jacket. The letterman jacket is your personal property, which means you can request any additions to your jacket you so choose.

Athletic Scholarships

High school athletes dream of becoming Olympians or professional athletes. Parents dream of their children earning college athletic scholarships; unfortunately, this is a difficult and often unrealistic goal.

The specific coach, Athletic Director, and the entire athletic department will support every Campbell Hall athlete deserving of an athletic scholarship. Our coaches will do everything necessary to assist qualified athletes in their pursuit of a college scholarship. However, we will not emphasize winning at all costs or featuring one player over another to establish records, statistics, or the like. Certain athletes with the potential of earning college scholarships will be evident. Others simply wish to use athletics as a tool to assist in the admissions process to gain entrance to desired institutions.

The Campbell Hall athletics program emphasizes commitment, discipline, and character. However, the academic program is our school's focus with athletics serving as a valuable companion. These two, coupled with the school's Episcopal values, help develop the complete student athlete.

Please keep these statistics in mind when thinking of college athletic scholarships

- 98 of 100 high school athletes will never play in college.
- One out of every 1000 high school athletes will receive a Division I scholarship.
- Scholarships are limited at the Division II level.
- No athletic scholarships are offered at the Division III or NAIA level.

NCAA Clearinghouse

All college freshmen planning to compete in athletics on the Division I or II level must be certified by the NCAA Initial Eligibility Clearinghouse. The Clearinghouse was established as a separate organization by the NCAA member institutions in January 1993. The Clearinghouse insures consistent interpretation of NCAA initial eligibility requirements for all prospective student athletes at all member institutions.

Students start the process at the beginning of their senior year by picking up the Student Release Form from the college counseling office. Proceed by completing the triplicate form as directed, and mail the white copy with the necessary fees. The yellow and pink copies should be given to the Campbell Hall college counseling office, which will send the proper forms when mailing transcripts. The final copy is sent with the student's final semester transcript showing the student has completed graduation requirements.

Community College Athletics

The community colleges do not require NCAA Clearinghouse registration. Student athletes can attend any community college of choice. We suggest each student athlete communicate with the community college coaches to gain valuable information regarding each specific program. Student athletes must write a letter of interest or make telephone contact with a community college coach first. Once the student athlete has made contact, the coaches are allowed to speak to the student as often as needed.



2018-2019 Parent/Student Athletics Handbook Acknowledgement
Form

I _____ have read and understand the rules and guidelines of the Campbell Hall Student Athlete handbook. This handbook will serve as my guide during my athletic career at Campbell Hall. I will follow the rules of the handbook, league, conference and CIF. I will do my best at all times, represent my school with integrity and pursue victory with honor.

*Student Signature _____

I agree additionally as a parent/guardian to support my student's compliance with the rules, policies, and procedures contained in this handbook.

* Parent Signature _____

* Parent Signature _____

GO VIKINGS!



Code of Ethics - Athletes

Athletics is an integral part of the school's total educational program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to:

1. Place academic achievement as the highest priority.
2. Show respect for teammates, opponents, officials and coaches.
3. Respect the integrity and judgment of game officials.
4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
5. Maintain a high level of safety awareness.
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
7. Adhere to the established rules and standards of the game to be played.
8. Respect all equipment and use it safely and appropriately.
9. Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
11. Win with character, lose with dignity.

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Article 523).

By signing below, both the participating student athlete and the parents, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We recognize that under CIF Bylaw 202, there could be penalties for false or fraudulent information.

We also understand that the _____ (school/school district name) policy regarding the use of illegal drugs will be enforced for any violations of these rules.

Printed Name of Student Athlete

Signature of Student Athlete

Date

Signature of Parent/Caregiver

Date

A copy of this form must be kept on file in the athletic director's office at the local high school on an annual basis and the Principal's Statement of Compliance must be on file at the CIF Southern Section office.

Revised 7/11



The Campbell Hall Fight Song

Fight, fight, fight for victory!

Take it for the blue and gold!

Step right down from history,

Vikings ever brave and bold!

Rah! Rah! Rah!

Onward, onward, take the foe!

Raise the banner over, over all!

Vikings glorious, on victorious,

victory for Campbell Hall!

Fight!