

# 2014-2015 Parent Education Speaker Series



## CRAIG DETWEILER • OCTOBER 7, 2014 • 7:00pm • LOWER GYM iGods: How Technology Shapes our Spiritual and Social Lives

Craig Detweiler (PhD, Fuller Theological Seminary) is an author, award-winning filmmaker, and cultural commentator who has been featured in the *New York Times*, on CNN, and on NPR. He is professor of communication and director of the Center for Entertainment, Media, and Culture at Pepperdine University in Malibu, California. Detweiler is the author of *Into the Dark: Seeing the Sacred in the Top Films of the 21st Century*, coauthor of *A Matrix of Meanings*, and editor of *Halos and Avatars*. Craig will give a lively talk on the symbols, or "iGods," of our distracted age to investigate the impact of the technologies and cultural phenomena that drive us.



## MICHAEL THOMPSON • OCTOBER 28, 2014 • 7:00pm • LOWER GYM Raising Cain: Protecting the Emotional Lives of Boys

For nearly thirty-five years, Dr. Michael Thompson has worked as a clinical psychologist, school consultant and international speaker on the subjects of children, schools and parenting. Author of nine books, including the *New York Times* best-selling *Raising Cain: Protecting the Emotional Lives of Boys*, Dr. Michael Thompson, comes to us to provide his always invaluable and enlightening insight on raising successful and engaged boys. In this talk, Dr. Thompson gives suggestions to teachers, fathers and mothers about how to support a boy in the early years of school and how to help a boy remain emotionally open in adolescence.



#### DR. GARY GROCH • JANUARY 13, 2015 • 7:00pm • MEH Fatherhood Dialogue

We welcome back our consulting psychologist and mentor, Dr. Gary Groch, for his annual dialogue with Campbell Hall's fathers about the joys and challenges of fatherhood. Join us for this joyful and enriching conversation.



### DR. CHRISTINA CASSEL • JANUARY 27, 2015 • 7:00pm • MEH Single Parent Dialogue

Dr. Cassel, an experienced psychologist in Los Angeles returns to Campbell Hall for our second annual Single Parent Dialogue. Whether you are newly divorced or have been a single parent since day one, this gathering promises to be an evening of engaging and supportive discussion about the specific needs and challenges of single parents in our community.

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## ADAPTED CONSULTANTS • FEB. 10, 2015 • 7:00pm • LOWER GYM The Neuroscience of Stress and Empathy

What does brain science tell us about how kids learn and regulate their emotions? Will knowing help us support their personal and academic growth? Drs. Kelly Kent, Anne-Marie Cziko and their colleagues at adaptED Consultants are passionate neuroscience educators who strongly believe that understanding how the human brain functions allows parents and educational communities to best support their students. This session will cover the basic principles of stress, emotion, emotional regulation and the development of empathy. With an understanding of the brain regions that support these cognitive functions as well as the advantages and disadvantages they confer in our modern world, parents will gain insights into how to help their children navigate and manage their emotions.

## CATHERINE STEINER-ADAIR • MAR. 10, 2015 • 7:00pm • LOWER GYM Supporting Happy Girls with a Healthy Body Image

Dr. Catherine Steiner-Adair is an internationally recognized clinical psychologist, school consultant, speaker and author. Dr. Steiner-Adair has consulted to over 350 independent and public schools parents and students on a wide range of topics related to strengthening children's social and emotional development, shaping school culture, and deepening parents' connections to their children. She spoke to Campbell Hall's families last year about her most recent book, *The Big Disconnect: Protecting Childhood and Family Relationships in the Digital Age.* This year, she returns to focus the conversation on the health and well-being of girls. Author of a popular school-based girls leadership program, Steiner-Adair shows how to deconstruct the unhealthy cultural messages that make girls vulnerable to eating disorders and other unhealthy attitudes and behaviors.

## EXPERT PANEL • APRIL 21, 2015 • 7:00pm • LOWER GYM Exploring Gender in our Modern Society

Join us for a dynamic exploration of the diversity and meaning of gender in our modern society. What has changed and how we can we guide our children to have a happy, healthy and authentic sense of gender identity for themselves and their communities?

#### **About the Program:**

The PARENT EDUCATION SPEAKER SERIES brings together parents and other members of the school community with experts in a variety of fields to engage in timely, thought-provoking discussions that inform and enrich our relationships with ourselves and the children under our care. Participants should expect to take away with them important information, a stronger sense of community, and at times, a completely new perspective. All members of the larger Los Angeles parent community are welcome. Please join us! Friends welcome!

INFORMATION: Contact Sarah Huss, Director of Human Development and Parent Education at (husss@campbellhall.org), or PTC Parent Co-Chairs Jan Weiss (jcw317@gmail.com) and Nicole Gregory (email). Kindly RSVP with name and number of guests to Linda Reavely at reavell@campbellhall.org.