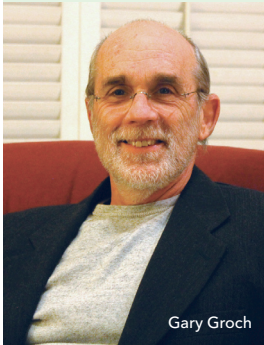


2018-19

Parent Education

RSVP/INFO

campbellhall.org/parented



October 2, 2018

Dr. Gary Groch ▪ Fatherhood Dialogue ▪ 7pm ▪ MEH

During this fun and interactive evening among fathers of students in elementary, middle and high schools, psychologist Dr. Gary Groch will lead an important conversation about the joys and challenges of fatherhood. Dr. Groch is a psychologist with a thriving practice in the San Fernando Valley and has helped thousands of children and families over the course of his 4 decades - long career. He has also served as consulting psychologist for Campbell Hall since 1991. Join us for good food, great beer, and the beginning of lasting friendships.



October 9, 2018

Peggy Orenstein ▪ Teens & Sex: Navigating from Shame and Regret to Integrity and Joy in a Complicated Landscape ▪ 7pm ▪ Lower Gym

Ms. Orenstein will address our students and faculty the same day.

An internationally-acclaimed expert on the challenges facing girls-and their parents-as they come of age in today's culture, Peggy Orenstein, author of *Don't Call Me Princess: Essays on Girls, Women, Sex, and Life*, will provide a clear-eyed picture of the new sexual landscape girls and boys face in high school through college and reveals how they're negotiating it. With humor, surprising facts and compelling anecdotes, she opens up a much-needed conversation about an often silent subtext of teenage life, without ever reducing its complexities to simplistic "truths." Touching on the ways in which porn and its sexual myths have seeped into young people's lives; the role of "hookup culture"; the impact of media and social media; how what "counts" as sex has changed, Orenstein understands what needs to be said, and why we need to say it.



November 6, 2018

Michelle Borba ▪ Un-Selfie: Developing Moral Intelligence in Children & Teens ▪ 7pm ▪ Lower Gym

Dr. Borba will address elementary faculty the same day.

Dr. Michelle Borba is an educational psychologist and internationally recognized expert in bullying, character development, child behavior, and empathy. Author of 22 parenting and educational books including *Unselfie: Why empathetic kids succeed in our all-about-me world* and *End Peer Cruelty, Build Empathy*, Dr. Borba aims to help strengthen children's character and resilience, build strong families, create compassionate and just school cultures, and reduce peer cruelty. Her practical, research-based advice is culled from a career of working with over one million parents and educators worldwide. What really matters in raising a productive, responsible child? How do we really help kids stand up to peer pressure and defy unhealthy temptations? What are the best ways to help children become compassionate and do the right thing without us? Join us for an inspiring presentation that will teach you how to develop moral intelligence in your child.



Vicki Hoefle

January 15, 2019

Vicki Hoefle - The Pressure to be Perfect - 7pm - Lower Gym

Vicki Hoefle is a child development expert, parenting coach, and author of *Duct Tape Parenting: A Less Is More Approach to Raising Respectful, Responsible, and Resilient Kids*. Her presentation will focus on the increased levels of stress, anxiety, pressure to perform, and thoughts of self-harm reported by children and teens. Adolescence has always been a more stressful and challenging time for kids than toddlerhood. If we add to this hovering and micro-managing parenting, the current economic and social climate, and the constant stimuli of their handheld technology we have created a perfect storm. The good news is that as parents we can work with our children and teens to fortify them with skills and insight, so they will walk into this time in their lives with confidence and enthusiasm. Join us to learn a simple parenting philosophy with real-life steps you can take now to strengthen the relationship with your children, foster independence, facilitate mutual respect, personal accountability, and resiliency as you lovingly guide your children toward adulthood.



Clint Smith

February 12, 2019

Clint Smith - The Dangers of Silence - 7pm - Garver Gym

Mr. Smith will address all secondary students the same day.

Clint Smith is an acclaimed writer, award-winning teacher, and Ph.D. candidate at Harvard University. His debut collection of poems *Counting Descent* was published in 2016 by Write Bloody Publishing. It won the 2017 Literary Award for Best Poetry Book from the Black Caucus of the American Library Association and was a finalist for an NAACP Image Award. As a researcher and poet, Clint's work lies at the intersection of art and social science, creating a unique lens through which to think about American social stratification. Clint discusses the ideas of silence and empathy—both on a macro and micro level context. What are the historical silences that have shaped the landscape of our country and often go unacknowledged? What are the interpersonal silences that we perpetuate with our complicity? In what ways is our empathy towards people often contingent on the identity of those individuals? In this talk, Clint helps us to understand and address how families and students are deeply affected by their everyday experiences in this age of political and social tumult. Clint shares personal stories to illuminate how we as individuals can all recognize the power of our voice to create a stronger community.

Campbell Hall's **PARENT EDUCATION** Speaker Series program brings together parents and other members of the school community with experts in a variety of fields to engage in timely, thought-provoking discussions that inform and enrich our relationships with ourselves and the children under our care. Participants should expect to take away with them important information, a stronger sense of community, and at times, a completely new perspective. Please join us! Friends welcome!

To **RSVP** and learn more, visit campbellhall.org/parented or contact Director of Human Development and Parent Education Sarah Huss (huss@campbellhall.org) or Jan Weiss, Parent Education Committee Co-Chair (jcw317@gmail.com).

Events subject to change; please check website for most up-to-date information.