



PARENT RESOURCES

ARTICLES

- ["What Teenagers are Learning from Online Porn."](#) By Maggie Jones, New York Times.
- ["Why are More Teenagers than Ever Suffering from Anxiety?"](#) By Benoit Denizet-Lewis. New York Times.
- ["Have Smartphones Ruined a Generation?"](#) By Jean Twenge, Atlantic Magazine.
- ["Is Anxiety in Young Boys the New Normal?"](#) By Wendy Mogel, NAIS website.
- ["How to Talk to Teenagers about Vaping."](#) By Lisa Damour, New York Times.
- ["Teenagers, stop asking for nude photos."](#) By Lisa Damour, New York Times.
- ["What White Children Need to Know about Race."](#) By Ali Michael, National Association of Independent Schools.
- ["The Psychological Experiences of Students of Color in Independent Schools."](#) By Michael Thompson and Kathy Schultz. (First appeared in Independent School Magazine, NAIS.)
- ["Why Sex Ed Should Include Lessons on Young Love."](#) By Amy Schalet, Yes Magazine.

WEBSITE

- [Culture Reframed: Tools for parents to talk to your kids about pornography](#)

BOOKS

- **The Big Disconnect**, by Catherine Steiner Adair (Harper Paperbacks, August 12, 2014.) **ISBN-13:** 978-0062082435
- **Brainstorm**, by Daniel J. Siegel MD (TarcherPerigee; August 4, 2015.) **ISBN-13:** 978-0399168833
- **Bully Nation: Why America's Approach to Childhood Aggression is Bad for Everyone**, by Susan Eva Porter (Paragon House, March 14, 2013.) **ISBN-13:** 978-1557789044
- **The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed**, by Jessica Lahey (Harper Paperbacks, August 23, 2016.) **ISBN-13:** 978-0062299253
- **Girls & Sex: Navigating the Complicated New Landscape**, by Peggy Orenstein (Harper Paperbacks, March 7, 2017.) **ISBN-13:** 978-0062209740
- **Raising Cain**, by Dan Kindlon & Michael Thompson (Ballantine Books; April 4, 2000.) **ISBN-13:** 978-0345434852

- **Sexploitation: Helping Kids Develop Healthy Sexuality in a Porn Driven World**, by Cindy Pierce (Routledge; November 5, 2015.) **ISBN-13:** 978-1629560892
- **Talk to Me First**, by Deborah Roffman (Da Capo Lifelong Books; July. 2012) **ISBN-13:** 978-0738215082
- **Teach Your Children Well**, by Madeline Levine (Harper Perennial; December 6, 2016.) **ISBN-13:** 978-0062196842
- **The Teenage Brain**, by Frances E Jensen & Amy Ellis Nutt (Harper Paperbacks; January 26, 2016.) **ISBN-13:** 978-0062067852
- **Untangled: Guiding Girls through the Seven Transitions into Adulthood**, by Lisa Damour (Ballantine Books; April 4, 2017.) **ISBN-13:** 978-0553393071
- **Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race**, by Beverly Daniel Tatum, (Basic Books updated, September 5, 2017.) **ISBN-13:** 978-0465060689