

Campbell Hall Dance Program Placement Video Guidelines

Attending the dance placement class is the best way for the teachers to see your abilities and place you in the appropriate level. We do understand, however, that scheduling conflicts arise. IF YOU ARE UNABLE TO ATTEND THE PLACEMENT CLASS, please notify the dance teachers at chdance@campbellhall.org AND submit a video of your dancing according to these guidelines by Saturday, April 26, 2025.

Guidelines:

- Video must show your entire body
- Video can be shot on a smartphone (sophisticated equipment not required)
- We strongly recommend using the guide videos provided to follow along for your video
 - We also strongly recommend you **practice with the guide videos** before recording
 - Ballet guide video ([VIDEO LINK](#))
 - Contemporary guide video ([VIDEO LINK](#))
 - Remember to use your best judgment on whether or not you can safely do the combinations in these videos given the space/location available to you.
 - Alternately, you are welcome to come up with your own exercises if you prefer, using the guidelines on the Auditions page.
- Upload your video to YouTube as “unlisted” and email the link to wilhoil@campbellhall.org AND zuverb@campbellhall.org (for ballet), OR turnerr@campbellhall.org (for contemporary). Please note that if you do NOT have a verified YouTube account, you can only upload videos that are up to 15 minutes long. This means you may need to upload several videos. Verified YouTube accounts can upload videos longer than 15 minutes.

Additional footage: If you have any additional solo footage of you performing in the past 6 months, feel free to share. This is not required and students will not be penalized for not having additional footage. If you send this, it should be in **addition** to what is listed below for your discipline.

~If you are unable to do any part of the video audition due to constraints at home or have other concerns, please email chdance@campbellhall.org for help coming up with a solution.~

BALLET

We are looking for proper technique, placement, and turnout; use of épaulement & port de bras; and your overall performance quality.

Have your hair up neatly and securely away from your face in a classical bun.

Attire Option 1: leotard, tights, and technique shoes. Skirts are optional.

Attire Option 2: convertible or footless tights or athletic shorts; a fitted, plain, t-shirt; and technique shoes.

In the video, please do as many of the following movements as possible according to your ability:

Barre Exercises: plié, tendu, dégagé, rond de jambe à terre, rond de jambe en l'air, fondu en relevé, frappé, développé, grand battements

Center Exercises: adagio w/ développé, pirouette from 5th & 4th positions en dehors & en dedans, petite allegro (changement, royale, entrechat trois & quatre, glissade, jeté, assemblé, pas de chat, etc.), grand allegro (tour jeté, saut de chat, fouetté sauté, saut de basque, etc.), turns (chaînés, piqué en dedans & en dehors), balancé, pas de valse (waltz)

Pointe Exercises (if you currently take pointe classes at a studio):

****Please do these holding on to the back of a chair or countertop****

relevés in 1st and 2nd positions, échappé to 4th and 2nd positions, bourrée, relevés to one foot (with coupé or passé)

CONTEMPORARY

We are looking for technical ability, placement, and turnout; use of spinal release & contraction; and your overall performance quality.

Attire: pull hair away from face, form fitting clothing so that body can be seen, such as leotard, close fit shirt, tights, leggings, or close fit athletic pants - simple solid colors preferred

In the video, please do as many of the following movements as possible according to your ability:

Beginning Exercises: plié (parallel & turned out), tendu (parallel & turned out), dégagé (parallel & turned out), rond de jambe à terre, developpe (turned out; front, side, back), attitude leg swing in the center (turned out), standing contraction (in plié), grand battements from 1st position (turned out)

Center Exercises: hinge to the floor to the back, pirouette from 4th positions en dehors (parallel), pique turns, petit allegro (jumps in parallel & 1st), basic floor roll, shoulder roll, big jumps (double stag leap, grand jeté, a la seconde leap), chaînés turns, calypso (tombé coupé jeté with back leg in attitude)

Improvisation: Regardless of level, all students should send a brief video of improvisation. Choose a song that you enjoy and try to move to the music - have fun with it and use this as a chance to show your creativity and performance quality, as well as any steps you did not get a chance to show. Try to find a large space where you won't be restricted - feel free to use a backyard or outdoor space as we know you may not have access to a studio.